



Start afresh with
Fresh Air-shire
Smoking Prevention and Cessation Service

Fresh Air-shire smoking cessation groups from December 2012

South Ayrshire

Day	Venue	Time**
Monday	The Carrick Centre Maybole	5pm-6pm
Tuesday	Citadel Leisure Centre, Ayr	2pm – 3pm
Tuesday	Tarbolton Health Centre	3.30pm – 5pm
Tuesday	Toll Pharmacy, Ayr Road, Prestwick, 1:1 support	8.45am – 5.30pm
Wednesday	Lloyds Pharmacy, Dalmellington Road, Ayr, 1:1 support	1pm – 4pm
Wednesday	Lochside Community Centre, Lochside Road, Ayr	6.15pm – 7.15pm
Thursday	Recreation Centre, Riverside Flats, Ayr	12.00pm – 1.00pm
Thursday	Ailsa Hospital, Chaplaincy Room (group for patients and staff only)	2.30pm – 3.30pm
Thursday	Ayr College, Dam Park Building (Drop in Group)	12.15pm – 1.45pm

North Ayrshire

Monday	Beith Community Centre, Kings Road, Beith	2pm – 3pm
Monday	Auchenharvie Academy, Stevenston	6.30pm – 8pm
Tuesday	Volunteer Rooms, High Street, Irvine	3pm – 4pm
Tuesday	Irvine Royal Academy	6.30pm-7.30pm
Wednesday	CLASP Offices, 10 Alexander Place, Stevenston	11am – 12noon
Wednesday	Towerlands Community Centre, Bourtreehill, Irvine	2pm – 3.30pm
Wednesday	Castlepark Community Centre, Castlepark, Irvine	3pm – 4pm
Thursday	Ardeer Community Centre, Shore Road, Stevenston	4.15pm – 5.15pm
Thursday	KA Leisure hall, Dalry Primary School, Dalry	6.30pm – 7.30pm
Friday	Whitlees Community Centre, Carrick Place, Ardrossan	10am – 11am
Friday	Townend Community Centre, 15 Townfoot, Dreghorn	2pm – 3pm
Friday	James Watt College, Within the Foyer (Drop-in group)	12pm - 2pm

East Ayrshire

Monday	Bellfield Community Centre, Whatriggs Road, Kilmarnock	2pm – 3pm
Monday	North West Kilmarnock Area Centre, Kilmarnock	6pm – 7.00pm
Tuesday	Dalmellington Health Centre, Main Street, Dalmellington	1pm – 2pm
Tuesday	Stewarton Health Centre, 45 High Street, Stewarton	3pm – 4pm
Wednesday	North West Kilmarnock Area Centre, Western Road Kilmarnock	11.30am – 12.30pm
Wednesday	Kilmarnock College, within the Foyer (Drop- in group)	12pm - 2pm
Thursday	Community Hospital, Ayr Road, Cumnock	12noon– 1pm
Thursday	Kilmarnock Gateway Centre, Foregate, Kilmarnock	2pm – 3.30pm

Please note that times and venues are subject to change.

**Please try to arrive at the venue for the start time of the group.

If you have any queries about any of the groups or the service please do not hesitate to contact us on the details below:

Freephone: 0800 783 9132

Email: FreshAir-shire@aapct.scot.nhs.uk

Find us on Facebook at www.facebook.com/nhsaaa or twitter @nhsaaa