

Autumn Newsletter

Flu Vaccination

Due to Covid 19 restrictions we had to rethink our usual open clinic format for flu vaccination. All patients eligible have been invited along to walk through clinics in our courtyard marquee. Feedback from patients who attended has been very positive and we are pleased the clinics have run so well.

So impressed by the efficiency of the flu clinic this morning. In and out in about 2 minutes. All precautions taken. Amazing.

Popped in for my flu jab this morning. Well done on setting up a quick and safe way to manage it.

It was really efficient and felt very safe. Thank you.

A catch up day for those patients who have been unable to attend previously has been arranged for **Thursday 29 October** 9-10am for shielders and their household and 10am to 12pm for anyone else who has been invited but is yet to be vaccinated.

USEFUL TELEPHONE

NUMBERS:

For Out of Hours advice please contact NHS24 on

111

District Nursing Team

01292 513877

Podiatry Team

01292 614922

Health Visitor

01292 885529/ 885534

Midwife

01292 285893

Ante-natal First Appointment Booking

01563 825411

Musculoskeletal Service / Physio

0800 9179390

Ayr/Crosshouse

Hospital

Appointments Office

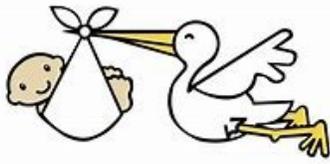
01563 827 070

X-Ray Dept

01292 614519

Covid 19 & Appointment Arrangements

The Practice has remained open throughout the pandemic and patients have been offered a number of appointment types including face-to-face, telephone consultation and Attend Anywhere/NearMe video consultations. All of these options are still available. In order to maintain social distancing and keep footfall in the waiting room at an acceptable level we have altered the appointments to allow for more telephone consultations and longer appointment times. The appointments system is regularly reviewed to adhere to government guidelines and offer the most appropriate mix of appointment types we can for the services and clinicians available. Some of our attached team such as Mental Health Practitioners, Occupational Therapist and Community Link Worker continue to work remotely, offering telephone consultations and this is working well. If you have any health concerns whatsoever please do not hesitate to get in contact with us and we will direct you to the most appropriate person for your individual needs.



Congratulations

Nurse Sophie and her partner have welcomed a beautiful baby boy to their family. Both mum and baby are doing well and are enjoying bonding!

Diabetes Prevention Programme

The NHS is inviting people who fall into the “pre-diabetes” category to attend education sessions to help prevent them from developing diabetes. The sessions will involve group activities and discussion based on subjects such as food choices and activity. The informal meetings will be arranged locally and aim to increase knowledge and understanding of what having “pre-diabetes” means.

The practice has contacted patients suitable for the course by email and interested parties will be referred on.

TRAINING PRACTICE

The practice continues to participate in the training of medical students from the University of Glasgow. The 4th and 5th year students attend in 4 week blocks and shadow the clinicians in the practice to advance their knowledge of working in a General Practice setting. As part of their training the students also conduct a supported clinic, whereby they lead the patient consultation, supported by one of the GP Partners, to enhance and hone their clinical evaluation and diagnostic skills.

We also welcome back Drs Youssef, McKelvey and Aung who are completing their GP training with us and will be with us until Autumn 2021.

Drs Allen-Warwick and Ashleigh are with us until December.

The practice is ever grateful to the patients for their patience and support in the training of these future medical professionals.

CTAC Nurse

Laura Grierson, Community Treatment and Care Nurse, will be working with the practice covering some clinics in practice and may also be working with the District Nursing team out in the community from time to time.

Employed by the Health & Social Care Partnership, CTAC nurses can offer help with phlebotomy, blood pressure, dressings, removal of stitches, annual reviews etc.

District Nurse Team

We have a new district nurse team allocated to the practice. The new team are shared with Racecourse Road Practice and can be contacted on 01292 513877.

If you have asked for your flu vaccine to be given at home, the team are working through these requests.